

**“STs. FRANCIS  
& DOMINIC  
A MYSTICISM  
OF THE WORD  
IN THE WORLD”**



**A LIGHT TO REVEAL YOU TO THE NATIONS: THE SEVEN 'I AM' TITLES  
OF JESUS IN THE GOSPEL OF JOHN**

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Just as the 7 colors (red, orange, yellow, green, blue, indigo and violet) form the brilliance of white light, so too the 7 titles Jesus gives himself in John's Gospel, reveal the radiance of the Incarnate God, the great "I AM WHO AM" in the flesh. On numerous occasions in the Gospel of John, Jesus refers to himself as "I AM" and in so doing he identifies himself as the God Who revealed himself to Moses in the burning bush. This sublime revelation is too brilliant to absorb all at once and thus Jesus breaks it down into seven statements or titles for our meditation: *I am the Bread of Life, I am the Light of the World, I am the Good Shepherd, I am the Gate, I am the Resurrection and the Life, I am the Way, the Truth and the Life, and I am the True Vine.* Jesus Christ is no less than *Yahweh* in the flesh!